

the neutring choice					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	AM Snack: Whole Grain Cereal, Fresh Fruit, Milk	AM Snack: Whole Grain Blueberry Scones, Apple & Papaya 100% Fruit Puree	AM Snack: Vegan Brioche Bread, Raspberry Spread	AM Snack: Yogurt, Fresh Fruit	AM Snack: Marble Cheese Slice, Cracked Wheat Crackers
	PM Snack: Whole Grain Apple Cinnamon Raisin Round, Fresh Fruit	· · · · · · · · · · · · · · · · · · ·	PM Snack: Whole Grain Sundried Tomato Basil Crackers, Fresh Fruit	IAnnia X. Daar 100% Fruit Durga	PM Snack: Dragon Fruit & Strawberry Anytime Morning Oats, Fresh Fruit
WEEK 2	AM Snack: Whole Grain Cereal, Fresh Fruit, Milk		AM Snack: Whole Grain Bagel Cheese Bite, Fresh Fruit	AM Snack: Coconut Oatmeal Bar	AM Snack: Yogurt, Fresh Fruit
	PM Snack: Zesty Southwest Salsa, Multigrain Pita Crisps	IPM Snack: Yogurt Multigrain Trail Mix	PM Snack: Whole Grain Spice Snaps,	Cookie Blueberry & Apple 100% Fruit	PM Snack: Whole Grain Pull-Apart Garlic Bun, Fresh Carrots
WEEK 3	AM Snack: Whole Grain Cereal, Fresh Fruit, Milk	It rannerry Scones Peach & Annie 100%	AM Snack: Vegan Brioche Bread, Strawberry Spread	,	AM Snack: Marble Cheese Slice, Autumn Harvest Crackers
	PM Snack: Whole Grain Blueberry Round, Fresh Fruit	PM Snack: Whole Grain Mini Pizza Swirls, Fresh Vegetables	PM Snack: Whole Grain Cracker Bites, Fresh Fruit		PM Snack: Raspberry Crumble Anytime Morning Oats, Fresh Fruit
WEEK 4	AM Snack: Whole Grain Cereal, Fresh Fruit, Milk	AM Snack: Wattles, Chunky Tropical	AM Snack: Whole Grain Bagel Cheese Bite, Fresh Fruit	AM Snack: Blueberry Oatmeal Bar	AM Snack: Yogurt, Fresh Fruit
	PM Snack: Tuscan Garden Salsa, Multigrain Pita Crisps	PM Snack: Yogurt, Multigrain Trail Mix	PM Snack: Whole Grain Roasted Garlic Triscuits, Fresh Fruit		PM Snack: Whole Grain Pull-Apart Garlic Bun, Fresh Carrots









*Indicates dark green and/or dark orange vegetable offered daily.

Water is available at all times.

Fresh fruit may vary depending on the season, please refer to daily substitution summary for fresh fruit/changes. Menu approved by a registered Dietician.